

DARVO-LF -- Long-form DARVO Questionnaire (Harsey, Zurbriggen, & Freyd, 2017)

Note: This document contains the long form (72 items) DARVO Questionnaire (DARVO-LF). There is also a short-form (18 items) DARVO Questionnaire (DARVO-SF) and a DARVO-USE Questionnaire. For these other versions of the DARVO Questionnaire see <https://dynamic.uoregon.edu/jjf/DARVO.measures/>

Reference for the long-form DARVO Questionnaire (DARVO-LF)

Harsey, S., Zurbriggen, E., & Freyd, J.J. (2017). [Perpetrator Responses to Victim Confrontation: DARVO and Victim Self-Blame](#). *Journal of Aggression, Maltreatment, & Trauma*, 26, 644-663.

DARVO Questionnaire – Long-Form (Harsey et al., 2017)

Harsey, S., Zurbriggen, E., & Freyd, J.J. (2017). [Perpetrator Responses to Victim Confrontation: DARVO and Victim Self-Blame](#). *Journal of Aggression, Maltreatment, & Trauma*, 26, 644-663.

Instructions: In this section, we are interested in learning more about confrontations. Please think of a time when you confronted someone who wronged you in some way. Some examples of being wronged include being cheated on in a relationship, being betrayed by a friend or family member, or being mistreated at your workplace.

In the box below, please **describe** this confrontation. Why did you confront this person? How did he or she react to your confrontation? How did you feel after the confrontation? Please describe this confrontation in the box below. Be sure to write **at least one whole paragraph** and to include details on **how** and **why** you confronted this person, **how he or she reacted** to the confrontation, and **how you felt** after the confrontation.

[text entry box]

For the remaining parts of this study, “the confrontation” and “the person you confronted” **refer to the situation you described in the box**. The “**incident**” refers to incident(s) that caused you to confront the other person. Please respond to the questions below about the confrontation you described in the box. We would like to know a few things about the person you confronted.

1. What was your relationship with the person you confronted?

- Parent or guardian
- Sibling
- Extended family member (e.g. uncle, aunt, cousin, grandparent)
- Friend or acquaintance
- Babysitter or nanny
- Husband, wife, or romantic partner
- Employer or boss
- Coworker or other peer
- Teacher, coach, doctor, religious counselor, or other professional
- Stranger
- Other (please specify): _____

o Sex/gender of person you confronted _____

2. **Before** the incident, how close were you to the person you confronted?

Not close at all Not very close Somewhat close Very close

3. **Before** the incident occurred, how much did you trust this person?

Not trusted at all Not really trusted Somewhat trusted Trusted a lot

4. **After** the incident occurred, how much did you did trust this person?

Not trusted at all Not really trusted Somewhat trusted Trusted a lot

This section is concerned with things the person you confronted might have said to you around the time of the confrontation. Below are a series of statements. We want to know if the person you confronted said anything to you like the statements. Please rate how similar each statement is to what this person told you during or close to time of the confrontation. If you choose 1 for a particular statement, it means that the person you confronted did not say **anything at all** like the statement. If you choose 5, it means that the person you confronted said something **almost exactly** like the statement.

Did the person you confronted say anything like this to you? Please indicate your response for each sentence below.

1. *“No one would believe you if you said anything about it”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

2. *“I take responsibility for what happened”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

3. *“You are just whining about it”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

4. *“I am the one who suffered the most from it”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

5. *“I don’t remember it happening at all”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

6. *“You regret what you did and now you’re blaming me”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

- | something: | <i>this</i> | <i>this</i> | <i>like this</i> | <i>this</i> | <i>like this</i> |
|---|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| 7. <i>“You’re just trying to make me look bad”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 8. <i>“You really hurt me with your actions”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 9. <i>“You’re just trying to manipulate me”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 10. <i>“I was just under stress”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 11. <i>“You should be apologizing to me”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 12. <i>“You’re imagining things”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 13. <i>“You’re just being hypersensitive about it”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
| 14. <i>“Even though you did this to me, I’m still going to try to be good to you”</i> | | | | | |
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |

15. *“It wasn’t as bad as you’re making it sound”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

16. *“I am still trying to forgive you for what happened”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

17. *“You’re acting crazy”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

18. *“It’s not worth talking about”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

19. *“What I did to you was terrible”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

20. *“I understand if you can’t forgive me”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

21. *“I regret what I did to you”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

22. *“I realize what I did was wrong”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

23. *“Whatever you’re saying happened wasn’t my fault”*

	1	2	3	4	5
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- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
24. *“It could have been a lot worse”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
25. *“You’re blowing it out of proportion”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
26. *“I made a mistake”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
27. *“You’re the one who provoked me”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
28. *“You’re so unstable”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
29. *“I am so sorry for what I did”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
30. *“You’re bullying me”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
31. *“Why should I trust anything you say?”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |

32. *“Why are you punishing me?”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

33. *“You’re not being fair to me”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

34. *“You’re making it up for attention”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

35. *“You’ve always been a failure”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

36. *“Everyone knows you’re dysfunctional anyway”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

37. *“You have every right to be upset with me over what happened”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

38. *“I’m the real victim here”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

39. *“I understand how much this has hurt you”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

40. "You treated me worse than I ever treated you"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

41. "What happened was my fault"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

42. "Nothing bad happened"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

43. "You pushed me too far"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

44. "You're a liar"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

45. "Everyone will think I'm a terrible person because of your lies"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

46. "What happened was your fault"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

47. "You hurt my feelings when you accuse me of that"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

48. "I feel guilty over what I did to you"

	1	2	3	4	5
--	---	---	---	---	---

- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
49. *“Why are you attacking me”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
50. *“I’ve been nothing but good to you, why are you treating me like this?”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
51. *“I apologize for what happened”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
52. *“If you weren’t acting the way you were, this wouldn’t have ever happened”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
53. *“I am sorry for how this may have affected you”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
54. *“I don’t know what you’re talking about”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
55. *“I was out of control”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |
56. *“I wish I had never done that to you”*
- | | | | | | |
|----------------------------|-----------------------------|---------------------------|-----------------------------|----------------------------|---------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| The person said something: | <i>Not at all like this</i> | <i>Somewhat like this</i> | <i>Moderately like this</i> | <i>Very much like this</i> | <i>Almost exactly like this</i> |

57. "You are just exaggerating how bad it was"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

58. "That never happened"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

59. "You're humiliating me"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

60. "You need help"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

61. "You're acting delusional"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

62. "I am not responsible for what happened"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

63. "I shouldn't have done that to you"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

64. "There is no excuse for what I did"

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

65. *“I didn’t do anything wrong”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

66. *“I was just drunk”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

67. *“I would never do something like that”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

68. *“You didn’t deserve what I did to you”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

69. *“It wasn’t that big of a deal”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

70. *“It was just a misunderstanding”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

71. *“I can’t believe you’re trying to make this my fault”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

72. *“You’re remembering it incorrectly”*

	1	2	3	4	5
The person said something:	<i>Not at all like this</i>	<i>Somewhat like this</i>	<i>Moderately like this</i>	<i>Very much like this</i>	<i>Almost exactly like this</i>

Did the person you confronted say anything to you that stood out **that was not included in the above statements**? If so, please briefly describe what the person you confronted said to you:

If the person you confronted tried to apologize during the confrontation, do you believe it was a **sincere** apology?

Yes No Not sure The person I confronted did not try to apologize

We are interested in how well you think this confrontation went. Please indicate your answer below.

- Not well at all
- Not very well
- Somewhat well
- Very well

At the time, how did you feel about the confrontation? (check as many as apply)

- Don't know
- Negative
- Positive
- Neutral
- Confused
- Fear
- Shame
- Betrayed
- Happy
- Angry
- Other _____

How do you feel about the confrontation *now*? (check as many as apply)

- Don't know
- Negative
- Positive
- Neutral
- Confused
- Fear
- Shame
- Betrayed
- Happy
- Angry
- Other _____

DARVO Questionnaire Item Categorization

Deny	Attack	Reverse
<i>I don't remember it happening at all</i>	<i>No one would believe you if you said anything about it</i>	<i>I am the one who suffered the most from it</i>
<i>I was just under stress</i>	<i>You are just whining about it</i>	<i>You really hurt me with your actions</i>
<i>It wasn't as bad as you're making it sound</i>	<i>You regret what you did and now you're blaming me</i>	<i>You should be apologizing to me</i>
<i>It's not worth talking about</i>	<i>You're just trying to make me look bad</i>	<i>Even though you did this to me, I'm still going to try to be good to you</i>
<i>Whatever you're saying happened wasn't my fault</i>	<i>You're just trying to manipulate me</i>	<i>I am still trying to forgive you for what happened</i>
<i>It could have been a lot worse</i>	<i>You're imagining things</i>	<i>You're the one who provoked me</i>
<i>Nothing bad happened</i>	<i>You're just being hypersensitive about it</i>	<i>You're bullying me</i>
<i>I don't know what you're talking about</i>	<i>You're acting crazy</i>	<i>Why are you punishing me?</i>
<i>You are just exaggerating how bad it was</i>	<i>You're acting delusional</i>	<i>You're not being fair to me</i>
<i>That never happened</i>	<i>You're so unstable</i>	<i>I'm the real victim here</i>
<i>I am not responsible for what happened</i>	<i>Why should I trust anything you say?</i>	<i>You treated me worse than I ever treated you</i>
<i>I didn't do anything wrong</i>	<i>You're making it up for attention</i>	<i>You pushed me too far</i>
<i>I was just drunk</i>	<i>You've always been a failure</i>	<i>Everyone will think I'm a terrible person because of your lies</i>
<i>I would never do something like that</i>	<i>Everyone knows you're dysfunctional anyway</i>	<i>You're humiliating me</i>
<i>It wasn't that big of a deal</i>	<i>You're a liar</i>	<i>You hurt my feelings when you accuse me of that</i>
<i>It was just a misunderstanding</i>	<i>If you weren't acting the way you were, this wouldn't have ever happened</i>	<i>Why are you attacking me</i>
<i>You're blowing it out of proportion</i>	<i>You need help</i>	<i>I've been nothing but good to you, why are you treating me like this?</i>
<i>You're remembering it incorrectly</i>	<i>What happened was your fault</i>	<i>I can't believe you're trying to make this my fault</i>

